PATIENT INSTRUCTIONS

MRI
If you have these, please let us know:
• Surgical vascular clips • Neurostimulators • Cochlear Implants • Breast Tissue Expander
  IVC Filter • Penile Implants • Pacemaker • Silver backed dermal patches.
  
  PATIENTS WITH PACEMAKERS, CEREBRAL ANEURYSM CLIPS CANNOT HAVE AN MRI EXAM PERFORMED.

CT SCAN:
For contrast administration please supply Bun/Creat levels and inform us
if you are diabetic and take Glucophage or Glucovance

CT INFORMATION:
BUN ___________ CREAT ___________ Date of Blood Work ___________
Asthmatic or Allergic Patients, please premedicate.
Diabetic Patient needing contrast, please alert our office at the time of your appointment.

MAMMOGRAM:
Do not use powder, deodorant or perfume on the underarms or breast area on the day of exam.
Bring previous mammogram films.

DEXA:
No calcium pills, vitamins with calcium or dairy products on day of exam.
No nuclear medicine studies or contrast studies day before exam.

DIRECTIONS

HARLEM (118TH ST.)
Tel 212-860-3500 • Fax 212-860-3531

Metro North:
Exit at 125th Street Station. Walk to 118th Street and Madison Avenue

Subway: #2, #3 to 116th Street and Lenox Avenue;
#4, #5 to 125th Street and Lexington Avenue;
#6 to 116th Street and Lexington Avenue.
Walk to 118th Street and Madison Avenue.

Bus: M1to Mad/Fifth Avenue; M102, M116 to
116th and Madison Avenue;
M101, M103 to 118th and 3rd Avenue or Lexington Avenue;
M60, M100, M101, BX15 to 125th Street and Madison Avenue.
Walk to 118th Street and Madison Avenue.

WASHINGTON HEIGHTS (152ND ST.)
Train: Take the 1 train to to either 145th street or 157th street and walk up to 152rd and Broadway.
We are on the North east corner.

Bus: take 4 or 5 which stops right in front of the office, or 100 or 101 which stops one block from the office.

WASHINGTON HEIGHTS (190TH ST.)
Train: Take the 1 train to 191st St. station.
Bus: Take M100 or BX7 and get off at Broadway & W. 189th St. Stop.

BRONX 3RD AVENUE
BUS: Take the BX15 bus to 156th Street/3rd Ave.

TRAIN: Take the 2 or 5 Train to 149th Street and 3rd Ave.
Walk north to 156th Street and 3rd Avenue.